

"Shorthand Notes"

Volume 3/22 -1

Unpublished Writings of Helen Schucman
Volume 3

Poems; Use of Terms; Prayer;
Special Messages; Preface.
Psychotherapy 1a,1b

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Miscellaneous 1

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Poems

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Miscellaneous 2

Silence

→ a silence - let's go - Christ
 bec. Word of G. remains unheard
 by → in latter world // Unspoken still
 - Word of salvation holds for us & kept
 away → Remnant → a world
 - hell, & then G's Son //
 Novels, words, makes finding peace,
 unknown, unrecording, blind & darkness, &
 unborn → silence of - tomb //

→ a silence & G's Word
 less heard → ancient meaning, & still //
 ① Nothing remains unsaid or unrec'd

② His final gift → nothing & a dream
 Yet → single dream → drawing done

Strong dreams are visible & golden water
 ③ - Having silence & Peace of G.
 - what of evil & endless use.
 - gift of Chr. → call on His name
 - crucified & risen up to G.

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What seems to be a write is but a step
 → true likeness to true // - peace of God
 Shins ^{down} equally upon a manger and cross
 / for neither holds stability // G's Son
 - equal silence // both the 1st & last //
 - draw to a beg. & end
 Can we touch G's Son // He seemed to take
 A human form & - I seemed to die //
 → no death bec. I was G's Son //
 - crucified & risen up to God //

- Invitation

I came C//
 I saw C. train a keval //
 - or nady / K had asked me
 - wist - ~~under~~ - ~~of~~ ~~scin~~
 I heard A so much as / ~~fig~~ ~~indeed~~ //
 > illud // ~~or~~ ~~poor~~ ~~indeed~~
 I ~~watched~~ - grasping hands & ~~watched~~ ~~heard~~
~~mouth~~ ~~for~~
~~hands~~ ~~crave~~ ~~of~~ ~~love~~
 - ~~marks~~ ~~disappeared~~
 a ~~made~~ ~~of~~ ~~gold~~ ~~disappeared~~ ~~bed~~
~~Adler~~ ~~a~~ ~~heavy~~ ~~right~~ ~~leg~~ ~~of~~ ~~gold~~
~~mail~~ ~~of~~ ~~gold~~
 Around = ~~round~~ ~~head~~ ~~as~~ ~~fast~~ ~~as~~ ~~my~~ ~~own~~ //
~~heart~~ ~~as~~ ~~told~~

I needed
 A small ~~of~~ ~~light~~ ~~til~~ ~~of~~ ~~gold~~
 & several; I ~~could~~ ~~only~~ ~~wait~~
 & silent patience ~~next~~ ~~to~~ ~~his~~ ~~gate~~
 & could ~~enter~~ ~~as~~ ~~if~~ ~~his~~ ~~house~~
 alone

My F's house stood empty, (~~without~~ ~~me~~)
 whose need ~~of~~ ~~of~~ ~~gold~~ ~~shit~~ // For ~~ac~~ ~~us~~
 & but ~~of~~ ~~his~~ ~~so~~ ~~to~~ ~~part~~ ~~of~~ ~~my~~ ~~life~~
~~could~~ ~~enter~~ ~~as~~ ~~if~~ ~~his~~ ~~house~~
~~until~~ ~~to~~ ~~grace~~ // ~~if~~ ~~I~~ ~~had~~ ~~known~~
 And so I think what I had ~~known~~

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Bright Stranger

Strange & my love 'me // For when life came,
 I did & know this // & he seemed 'me
 'be & - intrusion ~~of~~ ~~my~~ ~~peace~~ //
 I did & see ~~of~~ ~~the~~ ~~light~~ ~~no~~ ~~heard~~
 His soft appeal // I tried 'shut out
 & locks & keys - ~~my~~ ~~to~~ ~~fall~~ ~~away~~
 Before his coming // I could & escape
 - ~~quickness~~ - & he looked at me //
 I asked him in unwisely, & turned
 away - & him // But he held out
 his hand ~~in~~ ~~me~~
 And asked me 'remember him // I felt
 an ancient name began 'stir & wave
 Across my mind in gold // ~~light~~ ~~substance~~
 no deep ~~in~~ ~~silence~~ ~~til~~ ~~the~~ ~~spoke~~ ~~his~~ ~~word~~,
 And ~~substance~~ ~~last~~ I recognize my Lord //

- Comfort

Step back, My Child, & let His lead - way
- whom I speak you // He holds & holds
& speaks of Me // His memory peace
leads to ~~mind~~ ^{peace} // His love

Summons

My child & all - ^{is} a Father ^{is} sends
For what he desires about all else
on earth & Heaven // ~~Whom~~ I send &
has shared My heart & brings My Word & His
'solace & comfort all - world
- has ~~sent~~ My Name // Homeless
are they

Who would abide alone, a part > the //
Yet would I call - home // ^{My voice I} ~~express~~ send
'sing in ~~scattered~~ ^{scattered} places // Hear from ~~the~~ ^{the}
- song of His ~~voice~~ ^{voice} ' - His child,
a melody > far beyond - world //
Step back & listen, for He v' bless
& ~~teach~~ ^{teach} - & ~~re~~ ^{re} comfort less //

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- Song of Silence

Silence my gift to You // For words > ~~traced~~
& perishable // ~~no~~ ^{no} ~~thing~~ ^{thing} ~~is~~ ^{is} ~~left~~
- ~~troubles~~ ^{troubles} ~~is~~ ^{is} ~~love~~ ^{love} ~~could~~ ^{could} ~~not~~ ^{not} ~~shape~~
- ~~be~~ ^{be} ~~extended~~ ^{extended}, as all ~~love~~ ^{love} ~~must~~ ^{must} ~~be~~ //
- ~~be~~ ^{be} ~~itself~~ ^{itself} //
Words ~~1~~ ¹ ~~end~~ ^{end} ~~of~~ ^{of} ~~only~~ ^{only} ~~love~~ ^{love} ~~to~~ ^{to} ~~stay~~ //
Its ~~means~~ ^{means} & ~~meaning~~ ^{meaning} - ~~save~~ ^{save}, for
& ~~is~~ ^{is} ~~finite~~ ^{finite} & ~~is~~ ^{is} ~~not~~ ^{not} ~~finite~~ // ~~to~~ ^{to} ~~get~~ ^{get} ~~a~~ ^a ~~few~~ //
Words ~~tell~~ ^{tell} ~~a~~ ^a ~~little~~ ^{little} ~~thing~~ ^{thing} ~~but~~ ^{but} ~~silence~~ ^{silence} ~~is~~ //
- ~~language~~ ^{language} ~~of~~ ^{of} ~~eternity~~ ^{eternity} //
Silence - ~~language~~ ^{language} ~~of~~ ^{of} ~~eternity~~ ^{eternity},
~~at~~ ^{at} ~~last~~ ^{last} ~~calls~~ ^{calls} ~~all~~ ^{all} ~~things~~ ^{things} ~~equally~~ //
- ~~speaks~~ ^{speaks} ~~of~~ ^{of} ~~universal~~ ^{universal} ~~sympathy~~ //
For ~~rest~~ ^{rest} ~~sleeping~~ ^{sleeping} ~~ceaselessly~~ ^{ceaselessly} ' You //

greater gift

I want our praise // I want our love,
 for praise & mercy words // I want instead
 + Our gentle blessing on ~~to~~ world save
 in it self from ~~ours~~ // ~~You want our care~~
 for aspect of you not ourselves,
 'to ask us — S. P. G. —'
 + I be cut off // ~~I~~ //
 I do want of gift — want our joy
 'share' all-world, already made
 too scrambled // And should I offer
 a useless gift // ~~I~~ ^{would} give — world?
 ✓ give 'I', or 'return' us
 a greater gift, so infinitely more
 ✓ scarce & modest, its magnitude //
 Yet want — give her — I receive,
 for I had wice — gifts — give
 before — I return' us again //
 You — Answer // ^{ask} call //

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Father, a child) crying — wept
 her she — she) all alone
 & darkness & fear // She does know
 — ~~Yours~~ ~~watching~~ — ~~S. P. G.~~ // ~~Said her~~
 Voice

' speak ^{stillness} & ~~silence~~ deep as summer fields
 kept windows — ~~stagnant~~ side of moon
 kept as much as ~~thunder~~ // Tell her —
 She need but turn' — I — come
 So swiftly she — restfully forget
 — year of minutes her identity
 & you & we remembered // I'd could —
 recall — tiny ticks & true —
 — part went by; — ~~partial~~ thoughts —
 — ~~future~~ & kept carefully concealed
 & black unconsciousness // Eternity
 has v' left — ~~both~~ away, & shine
 & quiet certainty & place of time
 & all — little things — ~~their~~ most bright //
 Their now upon — ~~child~~ — has ~~lost~~
 — meaning & ~~perception~~ // ~~thoughts~~ above
 & saw what she has ~~done~~ // Yet all
 her thoughts

Be still, my soul & rest upon - lord
 a quiet certainty // For the love &
 ' rescue & I don't // And now I stand
 a living glory of a risen son
 - set // c - favor //
 Exactly as it is // I stand - new
 Within a radiance prepared for
 Before this & far beyond its dawn
 Be still & know // And knowing be
 you see
 Your lord has come // to you // - no
 doubt
 - stands before his countenance,
 nor care
 Conceal & what he would it (see)
 - Sun has risen // He has & last
 when stands his presence - I be us past
 Be still my soul & rest upon - lord
 I keep - promise of his word

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 - Sun has risen // He has & last
 when stands his presence - I be us past
 Be still my soul & rest upon - lord
 I keep - promise of his word

Peace - a woman, me w/ a ^{gentle} hand
 When G. lay ^{down} / lay a ^{gentle} hand
 Across her ^{shoulders} / ^{feels} her ^{hair} //
 & it ^{comes} ^{softly} // ^{my} ^{no} ^{pa} //
 And her ^{heart} ^{comes} a ^{quiet} ^{ness}
 For her ^{agony} ^{is} ^{still} //
 She ^{brings} a ^{message} ^{of} ^{love} ^{and} ^{peace}
 & ^{then} ^{she} ^{sent} ^{her} ^{letter} ^{now} ^{her}
 Who [&] ^{met} ^{her} ⁱⁿ ^{F's} ^{name} //
 "Do not attend - ^{to} ^{the} ^{world}."
 Do not attempt ^{to} ^{conquer} ^{again} //
 My first love ^{is} ^{lost} ^{and} ^{gone} //
 He ^{came} ^{to} ^{her} ^{eyes} ^{and} ^{she} ^{looked}
 Up [&] ^{saw} ^{his} ^{face} // And ^{now}
 She ^{looks} ^{at} ^{me} ^{and} ^{her} ^{eyes} ^{are} ^{open}
 Do not deny ^{me} ^{now} //
 - only ^{thing} ^{she} ^{ever} ^{wants} ^{to} ^{see} //
 For ^{all} ^{she} ^{ever} ^{wants} ^{to} ^{see} //

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Come and see, we ^{say} ^{now} //
 "I would ^{wish} ^{to} ^{see} ^{you} ^{only} ^{if} ^{you} ^{were} ^{here} //
 Who ^{calls} ^{me} ^{and} ^{says} ^{"I} ^{do} ^{not} ^{see} ^{you} //
 Who ^{says} ^{"I} ^{do} ^{not} ^{see} ^{you} //
 What ^{he} ^{would} ^{do} ^{if} ^{he} ^{did} // A ^{little} ^{light}
 Shines ^{now} ⁱⁿ ^{the} ^{dark} //
 Even ⁱⁿ ^{the} ^{place} ^{where} ^{he} ^{is} ^{not} ^{yet} ^{at} ^{all} //
 I ^{am} ^{not} ^{at} ^{all} ^{at} ^{all} //
 You ^{call} ^{me} ^{and} ^{says} ^{"I} ^{do} ^{not} ^{see} ^{you} //
 A ^{voice} ^{unplaced} ⁱⁿ ^{the} ^{world} ^{if} ^{it} ^{is} //
 How ^{ever} ^{worth} ^{it} ^{may} ^{appear} //
 How ^{ever} ^{strong} ^{its} ^{pull} ^{against} ^{my} ^{heart} //
 My ^{time} ^{grows} ^{thin} ^{and} ^{it} ^{is} ^{not} ^a ^{time} //
 I ^{want} ^a ^{fairly} ^{large} ^{piece} ^{of} ^{love} ^{and} ^{peace} //
 When ^{you} ^{appear} ⁱⁿ ^{the} ^{world} ^{and} ^{say} ^{"I} ^{do} ^{not} ^{see} ^{you} //
 And ^I ^{want} ^{to} ^{see} ^{you} ^{for} ^I ^{love} ^{you} //

but I am silent // Not showing words
 Has reached my heart for a eternity
 Of time waiting // I did forget
 A face in a face // everything is new
 But now is almost nothing // what I was
 I do a half remember // what I see
 I do not know at all // what I see
 I see in a dream // Sometimes I've heard
 I know you are X // again I think
 You will dream — once I thought a roll //
 My eyes closing // Without a word
 I — sleep — sleeping — forget
 your dream // I know what I see
 a quick promise as — Son of God?
 it — bleat ^{in response} shadow land
 — or coming — I observed that
 I understand — F — Son?
 I see the distance // what I see
 My love + me? // You heard — can
 From another // Yet ^{with you} love as still

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Enter by door // ITS values // and
 — And it betwixt // for I // have
 P. Halim // Its all stands
 — Downside as in // I forget — glow
 — will know // I forget — glow
 Of diamonds & glittering of gold
 — once I thought world before of dot
 + bring me comfort // I know clothes & gold
 + glass as empty // leaving me
 — once concealed // I know I know
 — I know hands // had words can pull
 a thick clarity // I know is
 — soon — quiet — I know I know
 a ready appeal // long — peace
 — a hand // I know I know
 My mindless fingers // hold a lamp long since
 Come out + cold // wind ^{from} bitter
 (L.P. // I know I know)
 A ^{short} of me // I know I know
 + eyes as body // I know I know
 — a supper // I know I know
 I know I know // I know I know
 — I know I know // I know I know
 — I know I know // I know I know

- ~~Cherish~~ Instant
 - ~~Cherish~~ Instant
 Christ - rest // All P time - set
 us to boundaries // - part & led
 ' - appointed time // - future yet
 Remains clear // the word is clear
 It circles // Find in stead - endless peace
 Of ourselves // remembered space
 Open arms to let all conflict cease,
 And call quiet there // every place
 who wait for mercy // - would a betray
 - agony & patience // when - cry
 Fade & silence ^{now} // For Christ - stay
 Until - faint // final echo clear
 And strikes claim - world // And the the force
 It is his hand // & waits - rest more,
 & time - over // even now he makes
 - way - Now // - rest - old
 ' that - world - disappear
 a time, as he - vanish - One
 who - remain forever // - clear
 And shining is it. all of time - done //

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I wake - stillness // blue my rest - set
 The heavy // - silence P - stars
 Sing in a soundless circle // For - song
 Of Heaven // past having // + ascends
 Beyond - tiny range // the eye can catch //
 And soars in a space of magnitude
 Where sound & silence meet & unify //
 Holy am I, who bring my F's Name
 - me, & who abide in them although
 I seem - wake alone // look carefully,
 & may catch or glimpse // New blue
 Beside me // And I lean on him ^{Stoneli} ^{sur}
 Unmoving confidence // It - thus
 Before, for I - bitterly afraid
 ' take - help of Heaven for my own //
 Yet I know - never failed, & only I
 Stand confident, while all of Heaven gifts
 Poured out before me // Now - arms of Christ
 are all I - & all my trust is //
 Now - I ceased - constant // Now I come
 - ^{back} ~~back~~ - stillness & my home //

Transfiguration

↳ happens suddenly // a voice
 - speaks one word // & enters, changed
 - understand an ancient parable
 - sound // a voice // a voice
 Exactly what it said // - trial
 Resolves a mystery, which what seemed big
 Resolves - bitterness - to die // ^{usage}
 - when goes high & what sound heard
 Flies a ^{shades} ^{practically} ^{is} ^{gone} ^{out} // ^{before}
 All things are gone - role - assigned
 Before time & a ancient harmony
 - sweep of Heaven & compelling forces
 - wipe away all doubting & all care
 - other roles conveyed // For certainty
 Must be of God // It happens suddenly,
 & all things change // rhythm of world
 - hints & suggest / what & how before
 & sound / speak of death now sweep & life,
 & joins - chorus ' eternity //
 Eyes - 4 blind big ' see, & see
 long deep ' nobody begin ' head /
 to stay here // Go - Galilee /

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↳ Sudden stillness ^{return}
 - ancient singing & creation's song
 - long silenced but remembered // By touch
 - angel stands & shining help, fulness
 ' our Jesus 's message. Be - free
 ' Stay here // Go - Galilee /

Use of Terms

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TERMS - 1

→ a course a ~~have~~ ~~field~~
 plus, nor is it concerned
 peace - ~~know~~ ~~concept~~ / ~~anxiety~~
 ⊙ concerned only / ~~Statement~~, as -
 correct - P. percept // - means P - At
) ~~for~~ ~~view~~ // - ~~structure~~ P. "sex"
~~case~~ - ~~essent~~ ~~real~~, ~~be~~ a a
 concept representing - "orig error" of
 - "orig error" 'study' error itself
 does ~~in~~ ~~lead~~ ~~condition~~, if ~~not~~
 indeed 'succeed' ~~in~~ ~~looking~~ -
 error // And a just → process of
 "controlling" - ~~Y~~ - ~~cause~~ ~~quisk~~
 All terms are potent.
 Control: + ⊙ / Seek Control. →
 find it ^{has} "lost" - / Seek
 Clarif. → ~~find~~ it, as well // .
 must, ~~hardly~~ be willing to ~~overlook~~
 control, ~~escape~~ - a a
 defense w. truth // a ~~form~~ of
 a ~~delaying~~ ~~mechanism~~ // ^{fact} ~~theology~~
~~sound~~ ⁱⁿ ~~such~~ as ~~use~~ ~~control~~,
 since ~~dep~~ or ~~belief~~ + ~~it~~ ~~is~~
 accepted or ~~rejected~~ // A ~~universal~~
 theology) ~~impos~~, but a ~~universal~~

T-E
 Experience > e only poss, but nec. //
 O > exper toward \ - cause > ^{answer}
 Here alone consistency becomes
 poss, bec here alone uncertainty
 ends //
 -> course remains // - ego
 framework, where O needed // O
 concerned < what > beyond all
 error, bec O planned only 1 set
 direction towards it // i it uses
 words, I as symbols, & O express
 what lies beyond symbols // O O
 always - ego ~~that~~ questions, bec
 O only - ego that doubts //
 course merely O gives another
 answer, once a question has
 been raised // However, > doubt
 does a ~~attempt~~ part 'invariance
 of uncertainty // - 7 attril' p.
 ego // - course is simple // It has
 one function & one goal // Only
 - does it remain wholly con-
 sistent, bec only - I VE
 consistent //
 ego > demand may

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T-3
 answers > course does not give //
 It does not recip. for questions
 - nec. form & a ? ' 1 7 answer
 impose // - ego may ask, "How
 did - imposs occur?" "What did
 - imposs happen?" & may ask it
 a many times //
 Yet > no answer, only
 -> experience // Seek only this, &
 do - let theology delay //
~~notes~~ - emphasis on structural
 lines, a - course > brief & early //
 Afterwards, & soon, it drops away
 I make room for central teaching //
 Since I asked for clarification, hours,
 - 7. times / 7 used - ego:
 - mind used 're pos.
 activating agent & ~~energy~~ p. spirit,
 supplying - creates energy // - true
 also used > capitalized when c r/s
 'God' or 'Christ' //
 Spirit > - Thought & God which
 He created like New say // - unified
 spirit is God's One Son or Christ //
 -> world, bec. - mind, spirit,

T4

- Sons of God appear to be separate //
 Nor do → minds seem to be joined //
 → illusory state, - concept of →
 "vidis. mund" seem to be unambiguous //
 but ~~it~~ ^{is} ~~be~~ ^{is} ~~mind~~
 O. described as if it has 2 parts;
 spirit & ego // Spirit > - part -
 > still in contact w/ God = N.S.,
 Valides → part of sees a part as
 work // - a part & entirely illusory, &
 means only illus // Spirit retains
 potential for creating, & its will, &
 > Gods, & unprincipled white - mind
 & unified / term "Soul" & ^{seems to}
 used except a direct contact
 b/c of its highly contact nature //
 It would, however, be 2 equivalent
 of "Spirit" & - indist. - being
 of God, O equal & - near God //
~~See~~ → world - mind has
 Creation center revealed, he
 → will of God // → will)
 always unified & . has no
 meaning → world / & has no
 opposite & no degree // - mind & be

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T5

right or wrong, dep. on voice it listens
 to // Right-mindedness listens to H.S., forgives
 - world; & - Christ's vision sees - real
 world in its place // → - final vision,
 last perception, - condit. of G. takes
 last step ^{Hand} // (the time & illusion) end
 together // Left-mindedness listens to ego,
 & makes illusion, perceiving sin &
 justifying anger, & seeing guilt, disease
 & death as real // Both - real world &
 → world & illusion, bec right-mindedness
 merely overlooks, or forgives, what never
 happened // - I - on-mindedness of
 Christ Mind, whose will is one & God's //
 → world - only remaining freedom
 > freedom of choice: always between only
 2 choices or 2 voices // Will) &
 viewed a percept. & → level, & has
 → world → only with, doors & lakes.
 Nothing do - choice // (consciousness)
 - receptor mechanism, receiving messages
 → above or below / - N.S. or - ego
 → Cause has levels, & awareness shifts
 quite dramatically, X C & Ascend-
 perceptual value // At its highest
 it becomes aware of real world, & I be

T6
 trained 'do so increasingly // Yet my
 fact — it has been a d or trained
 demonstr. — course. I made knowledge
 // Forged for God + toward God
 of Him // O infans! — P. — life
 created — could need forgiveness
 F — illusion, a true P. to
 purpose, i.e. N.S.'s, I was one
 diff. // Unlike all o' illusions
 (leads away) — err. + e towards
 it // Forgiveness might be called a
 kind of happy fiction; a way of
 unknown can bridge — gap
 betw. a percept. + truth // — I
 go directly I percept. knowl. bro
 do so. O — will 'do so // —
 makes G. appear // be 7 every
 unit. P. what is daily is // And
 a part this is same percept. —
 more — more — more — more
 'that' has a peace //
 And so used — illusion
 P. (help, bill) — 7 helpers; a
 forget P. knowl. — 7o contact

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T7
 G. knows what His Son needs before
 creates // He — — —
 concerned — form, but is quiet —
 content of His Will — it is
 understood // And — suppress //
 form adapts its self used; —
 content I understand, as a word
 as its creator //
 — face P.C. has to see before
 — receive P.C. I return // reason + will //
 — See my + P.C. I percept. knowl. No one
 I look on knowledge // — for P.C. —
 great symbol of forgiveness // O
 Salvat. // O — symbol of a bad world //
 laborious loss — — no longer see
 world // He — — — — — —
 — pass. outside — gate // yet — —
 gate o' world — just a step
 inside // O — that one // And —
 — leave // O — equal, to
 but — — — — — of His Will
 alone it is to be divided // And —
 — unity — it reflects because
 His Will // O — only — still —
 World — part — part — bridge

TB

How can I
 I shall call it a / O go
 I'm supposed to say things; I will
 I have / -> a journey / No, a
 a taste, for truth goes nowhere // O
 illus. shift & place / place, & time
 'time / - final step & also but
 a shift / As a process / O
 part, unreal / And yet -> part
 -> finish // what remains - peace
 eternal + will of G // -> no
 wishes more, for wishes change // But
 - wished for & rec. miracle // -
 must be, be a sig. I'm at peace //
 But will > constant, as gift of
 God // And what the gods always
 I know //
 -> prepare a J. - PC //
 O gift of God / Son his Son //
 But his -> -> -> base for
 How wisely does world be, a gift
 -> smile without sin & sin
 -> love & love //
 Now -> smile, + behold -
 smile / Now -> -> ->

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T9

power to see / And now -> mind
 nature its Christ: -> going
 F. & Son; -> unity, of understand
 behind all power; -> still beyond
 all // God is seen, but only
 understood // No Son is
 a third / a miracle //
 - world to see -> illus. Pa
 world // G. did & create it, for what
 he creates must be eternal as
 himself // Yet -> nothing - world
 - see -> -> endure forever // Some
 things -> last a time a little while
 longer -> no // But - this I v
 when all things perish -> I -> exist
 - body's eye -> -> means by I -
 real world v be seen // for - illus. S
 - look upon must lead' more
 illus. -> rightly // And so they do //
 For everything they see & only
 -> not last, I leads itself to
 thoughts of sin & guilt // while
 everything that G. created is
 forever without sin + i;) forever
 without guilt //

T/12

altar/ what I saw outside must be beyond forgiveness, as it seems to forever exist // there is hope "while sin" > seen outside? what remedy can you expect? But seen < mind quiet & forgiveness for instant be together, side by side, upon one altar // > at last we are sickness & its single remedy joined & looking brightness // God has v "claim His own // Forgiveness & complete //

And now G's knowledge, changeless, certain, pure & ideally understandable, enters its Kingdom // Gone is perception, false & true alike // Gone > forgiveness, for its task is done // And gone are bodies & living light upon altar - they are all // G knows as His own as a whole // And here they join, for here - Jesus Christ has shown every time's final instant, & now > last perception & world without a purpose & without a cause //

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T/13

For where G's memory has come at last > no form, no belief & sin, no walls, no bodies & - given appear & quiet & death / ^{is there} swept out from // ¹⁰ My brother, if < only know - peace & envelop < a hold < safe & pure & lovely & - Mind of God, < could but such meet him whose his altar is // Hallowed your Name & His, for are joined here & > holy place // Here He leans down & lift you back: Him, out of illusions & beliefs; out of world & of timelessness; out of all fear & spins back! Love //

> no need for help 'enter Heaven, for < own left // But > need of help beyond yourself as < circumscribed by false beliefs of < Identity, which God alone established & reality // Helped & given < many forms, although upon altar - are One // Behind @ one > a Thought of God, & this will never change // But < names I differ for a time, for time needs symbols, being truly unreal //

T14

→ name → legion, I → go beyond
 → name → cause itself → miracle, God
 does → help because he knows no
 need // But he creates all things
 & His Son while he believes his
 fantasies → true // Thank God for
 them, for → bad → love //

— Name of Jesus → Name of
 one I → a man, but saw → face of
 Christ & all his brothers, & remembered
 God // So he became identified ✓
 Christ, a man no longer, but at
 one ✓ God // → man & → illusory,
 for a second ✓ be a separate being,
 walking by ✓, as a body I appeared
 'hold his self' → self, as all illus³
 do // Yet who can save unless he
 sees illusions, & then identifies them as
 what they are? Jesus remains a
 Savior because he saw the false
 without accepting it as true // And
 Christ needed his form that He might
 appear to man & save → → over illus⁵
 → his complete identification ← Christ =
 perfect Son of God, His one Creation +

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T15

His happiness, form like himself & One of them =
 Jesus became what all of us must be //
 He led → way for us 'follow him' // He
 leads us back ✓ God because he saw
 road before him, & he followed it // He
 made a clear distinction, still draws
 'us, between → false & true // He offered
 us all a final demonstration of impos-
 'kill G's Son, not ✓ his life & → way
 be changed by sin & evil, make,
 fear of death // And: all ✓ sins ✓ were
 forgiven ✓ came ✓ no efforts at all //
 And so ✓ but draws // And ✓ his
 who showed ✓ this ✓ because ✓ one ✓ him
 this who showed ✓ draws that ✓ might
 be dispelled // ✓ And ✓ shows ✓ still
 'be at one ✓ //

Is he → Christ? Oh yes, along
 ✓ // His little life on earth & a
 sweet ✓ teach ✓ mighty lesson ✓ he
 learned for all of us // He → remain ✓
 to lead ✓ from ✓ hell ✓ made ✓ to God //
 ✓ when ✓ sin ✓ will ✓ his ✓ sight ✓
 be his vision, for ✓ eyes of Christ ✓
 showed ✓ walking ✓ him ✓ just ✓ so natural

T/16

As waking a voice above & heard since & a
 box, for such indeed he is! Some bitter idols
 & been made & him & would be only brother -
 world // Forgive Jesus & illu^s & behold how
 dear a brother & would be to you // For e -
 set & mind at rest at last & carry it
 & & God //

Is he G's only Helper? No indeed //
 For Christ takes many forms & different
 names until & a man & he recognized // But
 Jesus & for & - bear of Christ's single
 message & - bear of God // & need no other //
 & possible 'had his words & benefit & -
 without accepting him & & life // Yet he
 would help & yet a little more if &
 will clear & pains & joys & him, & from
 bear - hate ' find - peace of God // Yet still
 & his lesson most of all - & world & &
 bear; & & this:

"I & no death bec - S. of G & live his
 Father // Nothing & I do & change eternal
 love // Forget & dream* of sin & guilt, & &
 me instead ' share - resurrection & ^{the} Son // &
 bring & those call those whom he has sent
 Son of God //

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T/17

~~For~~ 'I care for, as I care for you.'

Jesus & - manifest, & H.S., show
 & called down upon earth after
 & "descended in Heaven," or he
 compl. identity, & Christ, - Son of
 God as he created him // - H.S.,
 being a Creator & - One Creator,
 creating & Him & in His likeness
 or Spirit, & eternal & has never
 changed // He & "called down upon
 & earth" & - sends - it & send
 pass. & accept Him & hear His Voice //
 His & V. for God & & is taking
 life.

T18

... to
 complete his own part perfectly? All
 parts (Horse & saddle) in order here,
 + e -> show it with (when completed
 yourself - statement principle & experi-
 ment. H.S. long before Jesus set it in
 motion //

- H.S. described as - remaining
 conscious. Like bodied G & His
 separated souls // not fulfill -> special
 assignment
 - H.S. has assumed a
 dual function; e knows use. He is
 part of God. He perceives use. He
 + sent to save humanity // He is
 the great corrective principle; - brought
 of the perception, - inherent part of
 mind of Christ // He is light & 1 -
 perfect world & perceived: a 1 - face of
 Christ alone & seen // He never forgets
 - Creator or His Creation / He never
 forgets - Son of God // He never forgets
 -> God He knows. Love of Father to
 -> eternal shining -> never be
 -> H.S. abides a - part of mind

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T19

1 -> part perception mind // He is perception
 - Self + - Creator. like an One //
 stance for G + a ho for G, being perceived &
 both // a -> He also perceives -> He
 seems to be a voice, for a -> from the
 speaks G's word // He seems to be a
 Guide -> a for correction, for -> need
 -> form of help // He seems to be what
 needs - needs -> // But He -> a
 decided when -> perceives yourself
 entrapped a needs (also -> need // 0)
 -> He would deliver // 0 -> -
 He would make (safe) //

-> His manipulation -> world //
 -> Brother Cain // He His voice along
 -> // Alone e G He -> He (p) G's
 Son, as e alone functionless // But
 joined -> He is -> shining Son of
 world, whose part in its redemption
 -> made complete // He offers them //
 -> will as him, -> G's -> shine when
 -> began -> see world // Had -> He
 -> him when time 1 day + no trace
 remains -> ^{stays} -> dance
 -> He's true melody // For a it place -

~~TED~~

~~I have heard a little about
 voice & eyes, no long
 return. I should have been of God!!~~

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~~TED~~

~~the...
 eye's world to P > // what / ego >
 But a dream / what / ^{part} / A thought
 < report > < center > < a world >
 be what? He created // a
 thing "I" ... it a risk
 A name for something / all this //
 A symbol of impossibility: a choice for
 of this - do e. exist // < call it
 - 'help us understand' - a nothing
 but - ancient thought - what
 made has immutability // But what
 could v P > sketch a dream about
 < all dreams & only die?
 what / - ego? Nothingness, but a
 a form - seems & something // a
 world" P form - ego I be denied // For
 (above seems real // how could
 G's P - the control line also
 A form of a world P form? like a
 < T. > define - ego & explain how
 it arose & be but the times it
 real - seeks by definition to divide
 - it illusion water & causal~~

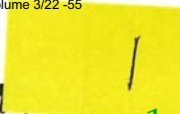
Seals -> plain as open day
 its meaning. simplicity
 I feel the word distinct. of meaning
 It is to be betrayed and revealed
 error of attack of immortality
 with forg. questions of the stand
 with the mouth holding out the
 arms
 To find that do, asking - I come
 to rest in her protection // Do

Our joint endeavor - solution
 You - I - Ask; - ones - ask

(at it -> dark - down - best - for -)

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Prayer



God
 His
 { Christ = self = spirit
 Jesus
 presence
 Christ
 illusion
 reality
 sin - quit
 separation = self / N.S.
 world - time - space
 miracle - H2O IN TIN
 matter - creating
 Second coming
 last judgment
 spirit - body - funeral
 ? SPECIFIC

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Be comforted. You've asked 'do anything' // → a time when I stop back
 > all → asked of // a time
 P mat + e P straw; a time P peace
 + e a time P conflict // (time)
 almost has //
 c seems fearful bec of under c
 control // But think a minute; stop
 + think honestly about what c
 control has done; what c has
 brought // c has been caught in a trap
 > I c new could escape // Conflict,
 quit + fear // c + new
 left c side //
 @ = c has done → differently,
 yet @ has v' same place; - same
 impasse // And now c seems 'd p
 → no escape // For @ true - c
 I escape alone // c starts seem
 diff. for - do take diff. forms //
 left → ! content makes c bothers //
 Dwell upon - differences, or c lost //
 @ a 'escape' - common content; -
 common need - c said //
 - mess - > c life - > illusion //

What I - form & draws resolve? → no
 answer 'e? e yet asked for I would
 e be recognized // Ask only this = will I
 fulfill = function given me? What else
 I ask? Why must I know from a
 I - answer come to me? O, answer
 "Yes," & O done // No more →
) meaningless //
 O He who would withhold - future
 + love - fearful // I could e accept
 His "yes" n form I would e understand
 things still a time would as O appointed
 them, & many things remain unclear as
 yet // Plans based upon intangibles
 can not be fully shown // And
 what has e as yet occurred must
 be intangible //
 → phase of learning has a
 single lesson I all - form e
 problems seem take // 'b. all things
 possible, I must ask His answer
 only & His way // Perhaps e - e do, e
 to be sure - if I had I would be
 quiet now - wholly undismayed by
 anything // Do not attempt guess His

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will for e // Do e assume - e → night
 bec. an answer seems 'v → His // Be
 sure e ask e + be still e left His
 speak //
 → no problem He I resolve, for
 O men He who keeps apart some
 questions 'e solved by Himself e e //
 I show - world e Him e make
 half of it His while half belongs //
 Truth makes no compromise // 'keep
 apart a little is to keep all separate //
 e life, complete & whole, belongs to
 God & none of it // His // → no
 thought n all - world - seems more
 terrible //
 yet O only when → thought
 appears n perfect clarity - →
 hope of peace & safety for - mind
 so long "kept dark & trusted 'avoid
 - light // "this is - light // Step back
 + do e dwell "upon - forms - seem
 keep e bound // e will fulfill e function, &
 → is "whatever e need // God does e
 fail // But lay no limits on what e
 will would give "this 'e resolved // For

He can not "offer a thousand answers when
 but one" > all there is // Accept > i p
 know, & a question > remain 'ask //
 Do a forget if attempt 'solve' a
 problem < judged of yourself & so
 < betrayed < paper role / Crowderly v
 > G, establishes — judgment > impress
 for < // But grandiosity insists < judge
 & bring ' > all probl's — < // And what
 > - result? look carefully "upon < life
 & let it speak for < // > > fail hate &
 deep uncertainty" < choose will for you?
 #/Or would < rather rest & surety, certain
 < > a fail & < "order" > all probl's
 happily resolved // Do a mistake -
 fine disquiess < "can we 'cover judgment/
 < appears as charity, as mercy & as love;
 as pity, understanding & as care // And
 yet you know & what it seems be. -
 probl. still remains unsolved, & v 'havent
 < mind & eard draws //
 What is < kept > G. — world
 heds "to build < judgment" what is <
 concealed" beneath - cloak of kindness &
 concern? "is no one for < needs, &

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"> Ein" & < > pay - penalty & guilt //
 Remember < need nothing < < an endless
 store of loving gifts 'give // And teach >
 lesson only 'yourself // < water > <
 learn it > words, is > & judgments
 < laid on // < need a < speak
 a word ' // < & ask "what shall
 I say" < & hear G's answers // Rather
 ask instead, "Help me see > water
 < - eyes" & truth < & < judgment
 & - help & G. & all his angels >
 Respond //
 For > hear < rest // < cast
 away our little judgments & our
 petty words; our tiny problems &
 our false concerns // < attempted 'be
 masters of our destiny, & thought —
 peace lay // Freedom & judgment &
 imposs. // But by < side > One who knows
 - ways // Step back for Him, & let Him
 lead' - rest & silence & - Word of G

"Shorthand Notes"

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Special Messages

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"Shorthand Notes"

Volume 3/22 -62

3

SPECIAL MESSAGES 12/31/75

Heard me say by I do
 fact // I wonder if all with
 F, out of the...

C = help & good, fact
 could be back hear all →
 means now // → year C → good,
 useful - in time - by
 ended - → wondering why
 doubtful //

I still C → C could
 hear without part, & C knew
 all - has been part for C,
 could indeed be physical /
 facts

Now I = tell C only
 this, for → C ✓ believe:
 → year C → set up a
 place to be - have
 course; a place where C →
 grow & witness N a helper
 - work; C = own study,
 for not to be prevented
 growing // C must deal
 with it. end. C = matter. hear

"Shorthand Notes"

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SM-2

its paper ...

And, to be ...

→ these → to me

failure, no less p ...

misunderst. → + no misinterpret

I → direct its quality as it

radius → - baker → X (←

written - hearts (← ca

intended //

Be confused by → : c

→ to be ...

mistaken - its content, →

ending // I am watching

me it - all case I - for

all my letters / substance

I understand what c I do

→ I → more ...

does it + does it ... //

Do c be covered about

status // a status ...

be covered about ... //

c → grow + ...

now // And ... all do

c be covered about my ...

to ... //

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"Shorthand Notes"

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SM-3

... → ...

are ← ...

→ new ...

what ... would ... ?

I → felt ...

know ...

it // My ...

7 p ...

answer //

TO MEDICAL CENTER OR NOT TO MEDICAL CENTER, THAT IS THE QUESTION

PF-2
 write amp down some
 dream - fantasy images. Until
 one evening, most unexpectedly,
 I wrote "→ a course in miracles.
 Please take notes." And → my
 mind's voice // It's a voice
 needs no sound, but I seemed to
 going up a kind of mind dictation,
 writing & mess / out of my own
 control, & I could start or stop
 as I wanted // (But I knew
 I would finish ^{the course} assignment, & I
 I had somehow, somehow agreed to
 do // complete //
 - course → truly a collaborative
 venture // ^{my} ~~collaborator~~ ^{collaborator}
 impact // & a most surprising
 act for both of us // I took down
 I have wanted "said" & abated
 very rapidly & with swiftness - by
 P a cent. & I would end // - next
 day I dictated - abated notes to
 my ^{collaborator} // & a very delicate
 sit I found P us // I ^{would have} ~~found~~ ^{truly}
 & now, your ^{collaborator} & go on

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PF-3
 Concluding info / It's most disturbing
 whole content & what I'm writing -
 totally unfamiliar to me & completely
 alien to anything I believed // It's
 a stamping burned & very deep for
 both of us //
~~transcript~~ transcript of whole course
 took some six years // - text &
 first, then - workbook, & finally -
 manual for teacher / Together,
 - constitute usual equipment of
 college papers, although only a
 four // Of content I can say
 nothing // This I have very few
 changes from original material,
 except - chapter & subheadings
 I have inserted, & - more personal
 material omitted // Otherwise, material
 is substantially unchanged //
 I'm nothing add or subtract //
 - course does & need my ideas &
 bc it can - should stand on its
 own // I'm way to right path
 for you or it may not be // I
 see many notes // If it is for you

SM-4
 I am sure you know it. And if
 it is not, perhaps I might still
 want to glance over parts of it
 before I go on. Either way, I
 would like to see you in person
 and who walks with me.

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SM-4/10/76
 () to see how well I did //
 I think of all steps - being seen
 for a strong and all trials //
 - you - and a bright glory -
 - I be nothing left - doubt of
 sorrow for // Step back just a
 little & look // Do I see -
 giant steps slowly behind
 you? Care & doubt - rest?

~~What will we do now? ^{think you}~~
 STILL HOLD ON THE ROPES

dead I dead I - to rise again
 + yet I see a blue ^{a look} some things I knew
 In One ~~to~~ so security destroyed & laid
 A way ^{to} rest ~~to~~ with ~~to~~ a star picture

I almost could believe - but I've seen
 His blue ^{white} & ^{black} hands & broken feet,
 - way He crumpled when took His cross //
 >> a stranger & I know this not //

Why should I walk & me along - read,
 An ^{only} ~~unseen~~ ^{thing} I almost I fear
 Because He seems I someone, a dream
 I doubtless, who death above & real //

Do a little for me now // I see content
 & death // For grief & kindled now - & hope //
 While I of life I suffered // Now I ^{wait} ~~am~~
 In certainty, for death ^{without} ~~without~~ ^{transitory} has (surely) come //

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Do a little - ending // what / done
 - done for me // Write before me / tears
 Can touch ^{of} ~~finality~~ // Do ~~of~~ ^{of} ~~across~~ ^{of} ~~me~~
 - I ~~dead~~ // Come, stranger, ^{say "Amen" along & me.} let us say "Amen"
 // ~~with~~ ~~of~~ ~~me~~ ~~of~~ ~~me~~
 - road > long // I've ~~lost~~ ^{lost} my eyes,
 For fear has grasped my heart, & that I know,
 - shield - ^{helps} keeps me safe & saving life,
 - friend ~~who~~ keeps ^{you} ~~me~~ ^{stays} still 'me' //

Cloud surrounds you & a golden light
 + I I scarcely see - read & wait
 bec. my eyes & sealed // Disturb me not
 I beg of you // I would e. see you now //

You said you would return, & I believed
 Too long already // Now my eyes & sealed
 Against - shield ~~that~~ & hope that cuts
 Into my ^{still} ~~own~~ despair // O let me go!

What I ~~mean~~ now? ^{but still} ~~had~~ ^{had} ~~pat~~ ^{light}
 Seems eye lights, & read becomes
 A sudden splash of sunlight // Who are you
 Who does' enter of ~~the~~ ^{of} ~~death~~ ^{of} ~~death~~ ?

My heart → be still // It seem / know
 What I know not // It dawns a truth
 I do not hear // It calls me for His
 whose heart has listened & who as I heard //

From His love → a voice → ancient song
 My lips beg "sing, altho I thought
 It is forgotten // Now I hear again
 The Word I thought had been forever dead
 and I was a / I thought not as still
 As He had died // I I keep my eyes
 and I look up // Perhaps I did see
 I thought I thought // Perhaps → light that
 ' heal my eyes & let see again //

Dear, Stranger give me back my sight again,
 & let my doubts be assured // & dead
 Bec' You live // let me → love on You
 // Perhaps → be ^{peace by} transformed // certainty //

Darkness & be sure for shadows come
 & I have ^{was} uncertain sleepers before my eyes
 & no boundaries // No one I know
 What I would repent / mist & damp //

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child my
 like I (be school) & such a shifting place?
 let me remember You instead of death
 let me remember You, & see in His
 I walk beside me now for glad return //

Lord, let really keep & lastly word?
 & I mistaken? Did You rise again?
 Did & it I ' failed instead of You?
 I You returned' save me I - dead ?

- dead & dead & I rise again //
 let me remember only that // co // rest
 & draw // ^{light} has come //
 My eyes & opening & I I see //

SDWNY 4/14/77 (cont.)

→ sound pattern, a body present

digital frequencies, & some to some does not change // → its intrinsic quality // As frequencies change → higher/lower range, → one band constant // → enables it to operate - first necessary for apparatus to shift from visual to auditory pattern (→ seems to refer - no. 319 or P.)

It operates - ratio based - A & C P - metals, & insulators → some ref. - "balance pull" discussed before // - continuity P → ratio enables - power / → ~~see~~ "qis rise" - color to sound shift / before process - well as real it //

- import. P → ratios, / / recognized in context, → to inherent energy production // IT directs - splitting up of energy patterns / it creates N new & much more useful forms / & it be put directly to use // → form P energy, a end → is (little or) no waste, in waste it for more powerful → → form P energy, yet found // However,

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combinat. + elegant

materials / → source → par. → available // For - time being, → → be waste, & also a certain unpredictable & erratic forming before forming P - patterns / → be uncontrollable at present // → → like - safety devices are so necessary - "blue-purple" band, → actual of 'produce - nec. energy - patterns only when + when - paper "power ratio" is gained // A no. of hints are - explained phenomena as - result of - sudden attainment P - ratio by accident // Many exper^s / → been replicated because → factor not recognized, & had no known part in actual design // (→ included - attempts & replication //

Note - ratio → between different dimension; → P space (distance), & combination (density) // - narrowness P - band equates - ratio be quite precise as 'some - full potential P - energy soaked // → has - advanced P making 'accidental' part operations

var but also direct. of making
 gaining p ratio very exact //
 reciprocals (P9) L - opening
 or interaction p box as essential
 parts p ratio // So are each p
 components p apparatus Both
 composite alignment & contributory //
 reciprocals & placed around a
 small opening (1/2" size) :

 P09
 tip p hole & aligned with the bottom
 p loops p reciprocals & centered
 betw. // - offset classes betw -
 reciprocals draws in the pass waves
 ((frequency)) - on a surrounding
 patient, beginning - spectrum effect //

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Dedication of Altar

A church is a ^{holy} altar is, And God
 Has placed an altar in the Son
 Whom He created // let us worship ^{of his} ~~of his~~
 He a thankfulness, - what He gives to me
 He gives all, & never takes away,
 For what He wills, has been forever done //

 A church is where my brother & I pray
 & not a while // Whom we may be,
 & lamps, a lighted lamp, to show ^{my} ~~my~~
 My Saviour's ^{face} ~~face~~ ^{to} ~~to~~ ^{see} ~~see~~
 Who were my altar, & remember God.
 My brother, & I, we leave here & me -

 My S's face & I for me 'see
 Upon ^{the} altar, & remember God //
 My brother, & I, we leave here & me

- C makes a ^{way by you} ~~fundamental~~ distinct. ~~but~~
 K & P // Knowledge is truth, ^{and not made} ~~made~~ -
 one law of God, - law P/love // It
 is ^{unalterable} ~~changeless~~, eternal & all ^{universal} ~~encompassing~~
 based on total ^{inclusion} ~~abundance~~,
 it applies ^{to the whole} ~~to all~~ that G created, ~~and~~
 which alone is real // O beyond
 learning because it is beyond time &
 beyond change // It has no beg. &
 no ^{end} ~~end~~ // It merely is // - ^{world} ~~world~~ &
 perception, - a ^{land} ~~land~~, - world of
 time of change, & of interpretation
 rather of knowledge // ^{of things} ~~It is based on~~
~~learning~~ begins & ends; - here & there
 based on - belief & scarcity, loss,
 separation // O learned rather -
 given open but learned, always
 highly selective in its emphasis, &
~~rather~~ ^{variable} ~~in its functioning~~, &
 inaccurate in its interpretation //
~~what it~~ ^{what it} sees & hears appears like
 O real only because permits & awareness
 only those aspects of world I compare
 - wishes of perception //

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- knowledge & percept respectively,
 two distinct thought systems arise //
 - reality of truth no thoughts exist
 apart of God because He & His
 creative share in One will // -
 world of percept, however, made by
 opposites, conflicting wills, separate
 wills, a perpetual conflict w/ O &
 God // O world of illus, with
 truth // O meaning constant
 defense precisely bec. of real //
 Once a person has been caught
 in drawn world of perception, he
 escape without help bec. everything his
 senses show is ^{real} ~~real~~ for witness -
 reality of draw // God has provided
 - Answer, - only way out, only true
 Helper / a junction of ^{voice} ~~the Holy Spirit~~,
 'mediates between two worlds ^{beginning}
 - truth & ^{intermediate} ~~some time beginning~~
 illus - world of illus, ^{as explicit} ~~without learning~~
 not it is // It is ^{the} ~~the~~ - N.S.'s junction
 'help us escape - draw ^{world} ~~world~~ by
^{at or} ~~unlearning~~ its teaching us ^{how} ~~how~~ ^{reverse}
~~our~~ thinking & unlearn our mistakes //

Christ's vision - H.S.'s gift;
 God's Answer - illus. Separation, -
 belief - reality of sin, of guilt &
 death // One correction for all
 errors of perception; reconciliation of
 all seeming opposites - all - world -
 based // Its kindly light shows all
 things - to point of view, reflecting
 - thought system - arises from
 knowledge + making - other's unity
 & God inevitable // What formerly
 seen as infinite done one by
 someone else become a call for
 union & for help // Rise, sickness &
 attack - recognized as misperceptions,
 asking for remedy - gentleness &
 love // Defenses are laid down, bec.
 when -> no attack -> no need for. - //
 < learn our brother's needs -> just < I
 ours // - take - journey - us, as < go
 to God // Without us -> loss -> way;
 without them -> I never find our home //
 Forgiveness & unweary & Heaven,
 where a need for it is inconceivable //
 On earth, however, it represents a need

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correction for all - mistakes - a model
 'app. it is - only way -> it, for it
 reflects - Law of Heaven by -> giving
 + receiving -> same // Heaven -> merely
 - state of all - Love & G. - He just
 contradicted // Surely -> reality //
 Jesus // It has a changed & been
 a forgotten // Forgiveness - means by
 I -> remember // Forgiveness -> Thinking
 P. world - becomes -> missed // -> forgive
 world bec. -> gate - Heaven, for by
 its mercy -> at last forgive
 oneself // Holding no one prisoner
 'guilt, -> bec. free // Acknowledging
 Christ alone & all or better, ->
 receive His Presence & ourselves //
 Forgetting all our misperceptions, at
 -> nothing -> -> past - hold us back,
 -> I remember God // Beyond ->
 learning I go // When -> ready, God
 -> take -> final step -> Him for us

"Shorthand Notes"

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NOTE: 914 735-5079

PCVW

- C began decid. & people join a common goal // ed a spectacular decision, man did it // people would suspect or starting outwards // many inspired, or level interest // way which were locking & things & destructive a goal, & making happiness a part // they agreed to another way // was preparing a complete change // ^{while} but not did really intend to do more // by a ^{small} ~~large~~ experiment ^{shifting of perceptions} // expected no major results, & had a fact, could doubt // exper. would work // But had given H.S. "little willingness" as course itself & to emerge again & again, & ^{small} ^{quale} ^{new} sufficient motivation for him to ^{provide} ~~do~~ it // His use ^{cur} ^{is} ^{that} for his purpose & provide C // His power // (quite joining...)

- & those joining made course possible is, by all worldly standards, partly unlikely // do so // is anything but spiritual // & relationships // often ~~is~~ ~~at~~ // & distinct & often strained, is covered & ~~and~~ ~~in~~ ~~personal~~ & professional accept. & status.

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- had a consid. investment in values P-world // & personal values // clarity P-world //

- his is deadly need - anything -

Course advocates // (put in ^{attempt} ~~attempt~~ join

< > as an attempt find another way // P looking at things ~~the~~ way & a sufficient // H.S. show way them // His answer) surprisingly complete // conclusion (the process & by carefully considered, & explained step by step, at both theoretical & practical levels //

No one could have been surprised // person who took course down // ^{they} ~~is~~ ~~the~~ ~~best~~ account of process.

A > prayer // @ a demand //
 @ questioning // @ limitation // - only
 real request for G's Answer // (needs
 - humil. P. trust a - a group of false
 cast // Trust D. lie a hole, for -)
 nearly faith a request // Trust D. peris
 faith - G. modest, knows, -)
 answer // (needs a state P. peace)
 For, () sub. ask if a fact, if
 (do a feel - subit passing
 for it) - only real request () work

see over work

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STAIRS (CONT)

 - strip 7 made P. turn over a 1/2
 steps, & a plat wire running //
 - strips -> placed horizontal - floor
 P. box

I remain quiet & call;
 'sing' shepherd children, & to raise
 'his unending patience - o' fall //
 He waits for me as I wait for
 'to' follow -
 Standing beside the ~~cross~~ ^{crossed} script
 - world - ~~disappear~~ ^{from the world} ~~and~~
 & lifts 'I' home // Behold, o' world
 - crown He has for C // Come now, my son,
 & I - ~~disappear~~ ^{disappear} ~~at His light~~

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Slow down - fly, raise for me,
 Hallelujah!
 I see my Brother there, & he
 > holding out a golden ray
 'raise my eyes - I meant see,
 Hallelujah!
 Come down, my Brother, come for me
 What fear has made I would see
 - does > open (how far stand
 & holy ground & Heaven land
 I did - widest - song,
 Hallelujah!
 I thought 'do, I want I ^{at long} song
 & want only 'raise - golden thing
 - rides stars & You alone
 Hallelujah!
 > no death, & life rides by
 until 'stop' raise as high
 & touch our eyes & ears, so we
 long deaf & blind, I hear & see
 Hallelujah!

Nature

Christ is the only one who...

...bring a - write 7 1/2 a Him
for a n - advent p G's Son
a - light e resurrect ^{has} to beque...

Heaven ^{has} needs no humanity. And yet
- Son e Heaven needs - world 'be
His body birthplace, ^{of} world & someone
Because a Child, & born // & O He
Who brings G's promise e eternity.

O His birth - rich - dawn p death,
For a Him ^{create} life brought 'life // Behold
His nativity - world & sound
- Earth needs need e shining n - hope
of ^{knowing} ~~knowing~~ & ~~knowing~~ / God G's arms enfold
- ~~knowing~~ p G's spring n winter's cold
- ~~knowing~~ ~~knowing~~ n ~~knowing~~ write's cold

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T 28

Po we may have on a day of world
like God's love e grace e mercy e
like concepts. Him - of - than - Him
As He goes through - all - Son & still,
+ a - peace - ~~He has given him~~
But he has ~~to~~ e peace - last
- ~~to~~ still e last
Peace - ~~to~~ e ~~to~~ e ~~to~~ e ~~to~~ e

more → a day. It's good only → a
 more → one a day for ^{attempts} /
 practice notes & W. I understand by
 - intro lessons, I hope very few
 limitations - learner's personal
 approach & interests:

Finally, Manual for T. provides
 answer to ^{some} of a most
 likely questions a potent student
 would ask. It also includes a
 glossary of a number of terms -
 C, W, explaining ^{the} ^{frustration} P
 - Text

- C moves no closer to finality,
 nor 7 - W lessons intended to bring
 student's learning 'completion' - limited
 nature of its specific ^{lessons} ^{as well as}
 P range P concepts. Text, clearly
 recognized a statement of -
 W ends:

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What can I learn from P - world
 C's vision how unique? And what could still
 appear 'me' as ^{strong} ^{hand} - legit
 P His perfection or it? What could teach
 'me' sorrow has a cause, or death & real?
 Help me focus - world // - peace for you
 a very ^{frustration} ^{to} ^{give} ^{me} //

mind T27 *have grace
 - would would like a...
 let us wait here in silence & pray
 - instant a...
 like called us & helped us hear his call
 And - let us...
 Along-way...
 - do...
 &...
 -...
 - song begins again...
 only - instant...
 knowing...
 - grow a life...
 - world...
 all that...
 let us go out...
 knowing - Christ has been...
 -...
 - last...
 He has found it...
 + bid him...
 'celebrate salvation...
 P. all...

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 -...
 a...
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 or...
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 Ask...
 +...
 long...
 - end...
 into...
 - holds...
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 unchanged...
 Be...
 - ancient...
 -...
 before...
 +...
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 look...
 -...

relationships or which it rests // No-one is
 → world escapes fear, but everyone I
 reconsider its causes & learn 'evaluate'
 correctly // G. has given everyone a
 Teacher whose wisdom ^{help} far exceeds
 whatever contribution → earthly therapist I provide //
 (pt → 7 times + sit's n l - pt - Ther.
 relationship bec. - means - I the other
 " His greater gifts to both //
 " What greater purpose could
 → relate → than 'ignite' - N.S. enter
 into it & give it His One Great & Gift
 P. meaning? What higher goal could
 → be for anyone → 'learn' call upon
 God & hear His Answer? And what
 more transcendent aim I → be →
 recall - Way, Truth & - life, & to
 Remember God? 'help' n → - proper
 purpose P. // Could anything be
 higher? For p, correctly understood,
 teaches forgiveness & helps - pt. 'be
 able' recogn. & accept it // And n
 healing) - therapist forgives - him //
 Everyone I needs help, regardless
 P. from P's distress, I attacking // His

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"mind" suffering & consequence // → tendencies
 & often described as "self-destructive," &
 pt. often regards - n - way // what
 & does a rape, & needs 'learn, I -
 → say, I'd attack or be attacked as well
) a concept I made up // Further, I
 cherish it; defend it, & I sometimes
 even willing to "sacrifice" his "life" or
 its belief // For I regards it as himself //
 → say I sees as being acted on, reacting
 " external forces as they demand, & helps
 n - power P - world //
 Psych. →, must restore → awareness
 - ability to make & own decisions // I must
 bec. willing 'accept' reverse & thinking, &
 understand - what I therapist projected
 its aspects or I were made by his
 propensities - world // - world I sees
 does :: I exist // Until → - least
 n part acceptable, - pt. I see // as
 really capable P making decisions //
 And I → first is I freedom, bec. I
 think - → a slavery // He need
 a - P truth as God n ? 'make progress
 n salvat, I must beg. separate

3 truth from illus, reciprocally - same & bec'g increasingly willing 'see illus' as illus' & accept - truth as true // His Teacher -> take u on > there, as far as u & ready "go" // P. can only say u here // - H.S. uses things as he & things best, & He is never wrong // P. and of His direction & P. means He uses same time, & prepare additional teacher for His work // -> no end - help - He begins & He directs // By whatever route He chooses, all P. leads to G. & end // But that's up to Him // We & all His psychotherapists, for He would -> us all be healed & healed

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II. - Process P.P.

P. is a process - always - new P. self // - but -> "new self" -> a more beneficial self-concept, & P. I hardly be expected & establish reality // -> its function // If it I make way for reality, it has achieved its ultimate success // Its whole function, no end, & help - pt. deal & = fundamental error; that anger brings & something & really wants, & - by justifying attack & protecting // 'whatever extent & cross' reap -> ' - extent is he truly saved // P.P.s do not enter - their relat. -> goal & mind // On - contrary, such concepts make little, or - world & need help // -> aim & to be able' retain -> self-concept exactly as it is, but without - suffering - it retains // -> whole equilibrium rests on - in same belief -> possible // And bec. 'a same mind & so clearly impos, what - seek I magic // n. illus. -

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impos. > easily accomplished, but only & cost P making illusions true // - pt. has already paid - price // Now s wants a "better" illusion //

req. -> pt's goal & therapist's or at variance // - therapist as well as - pt may cherish false self-concepts, but > respect's perceptions of "improvement" still must diff // - pt. hopes to learn how 'get' - changes & wants without changing & self-concept -> signif. extent // He hopes, in fact, 'stabilize' it sufficiently 'include' it - magical power & s sees a P // He want 'make' - valuable invariable & - finite limitless // - self & sees > > god, & s seeks only 'see' it better //

Regardless P how advanced - therapist is may be, s must want to change - pt's self-concept in some way - s believe > real // - task P therapy & = P recovering & diff. // Hopefully, better -> give up > ong goals, for & only & relationships -

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that salvat. & be found // At - req. & want. - pt. & the above accept unrealistic - goals not completely free P magical outcomes // - power P - s be seen as - one in - outcomes // s finally give up & minds / P both // - ^{write on P} - ^{pt} ideal outcome & rarely achieved // But therapy req. - & realization - healing & P - mind, & & perceptibility there & & tog who believe -> // (may be - & get much further, for no one learns beyond & our redness // but learn P redness change, & where therapist or pt. & reached - next one -> - be a relationship held out 'them' - meets - clearing need // Perhaps - > v. tog. again & advance - some relat, making it better // Or perhaps @ P - > enters & - no commitment // Be around / P -> ; & -> progress // Retrogr. & temporary - overall direction > = P progress toward - truth // P, it self & be creative // -> = P - error - ego factors, that it is capable P true change, & : of the & creativity blue & speak P - saving illusion, or -

"-final draw," => what I mean // yet
 here - ego's last defense // Resistance
 is the way of looking at things; its
 interpretation of program "or" growth.
 - interpret -> be wrong of necessity, bec -
 7 delusional // "changes" - ego seeks
 more - it's really changes // are
 but deeper shadows, or perhaps diff.
 // cloud patterns // yet what I made a
 realization I be called now of defeat //
 I'm in 7 illus.; truth > true //
 Resistance, as defined, can be
 char. P- ther. as well as P- pt. //
 Either way, it sets a limit on P.
 bec. it restricts to ~~ego~~ aim // Nor I -
 H.S. fight w. - intrusive P. ego or
 - ther. process // But He > wait, &
 His patience > infinite // His goal >
 wholly undivided always // whatever
 resolutions pt. or ther. teach, & connect.
 -> own divergent goals, & become
 completely reconciled as one until -
 join - His // Only -> all conflict
 ended over, for only -> I > be
 certainty //

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/// Ideally, P. > a series of holy
 encounters, & notes meet. then a
 1 + 'rec. - peace of God // And ->
 3 day > pass for every "patient" as
 - face P -> earth, for who except a
 patient could possibly come here?
 Therapist is only a somewhat
 specialized Teacher of G. // He learns
 - teaching, & more advanced he is
 - more a teacher & - more he learns //
 But - whatever stage he is, -> are
 pts. I need > just that way // -
 // I take more -> he can give for now //
 Yet - both find serenity at last //
 'be a Teacher of G, or a mee
 he requires & even' vel. n G. ->
 recogn. extent // It is me, however,
 ' teach. frequency rate. -> condemnation //
 Sure -> complete consistency & a
 regard, for one who has achieved
 - point can teach. salvat. completely
 without - instant & without a word //
 Yet he who has learned all things does
 - need a teacher, & - healed -> no
 need for a therapist // Relationships are

still - Temple P. N.S. // And - be made perfect in time & restored to Eternity //
- place of relig. in P.

Formal relig. has no place in P., but ^{it also} ~~formality~~ has no real place in religion //
→ world, → an astonishing tendency of form contradict words & - tend without per - contradiction at all // The attempt 'formal religion' is so obs. an ego attempt! reconcile - irreconcilable

- (hardly reg. elaboration here // Religion → experience; P. → exper. // - highest levels become one // but neither I truth itself, but both I had 'truth' / what I've rec. 'find truth' / remains perfectly obs. ^{but} 'remains - seeming obstacles' true awareness?

No-one I learn 'forgive I fail' remember God's Forgiveness, →, I all - need be taught, bec. O all - need be learned // All block - remembrance of God are forms of unforgiveness, & nothing else // → must appear - pt. & only rarely so - ther. // - world has marked all its

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focus is → awareness for ^{it} it has - ending P-world & all it stands for //
Diff. 0 - awareness of God - constant. a reasonable goal for P. // It → v - when P. is complete, for which → forgiveness & truth must come // And a world be unfair indeed if belief in G. is necessary 'psychotic' ^{success} // Not belief in G. a really meaningful concept for G. I be but know // Belief implies - unbelief is poss. but know. of G. has no true oppos. // Not 'know G.' → no knowledge, & 0' → - all unforgiveness leads // And without knowledge = I only in belief //

Diff. teaching and appeal. diff. people // Some focus P relig - nothing 'do' ✓ G., & some focus P P - nothing 'do' ✓ healing // Yet if pupil & teacher join in sharing one goal, God → enter - ✓ → relat. bec. He has been invited - come in // In same way, a union of purpose betw. pt. & thera. - place of G. - endurance, faith = Christ's mission & → = - memory of G. His self // - process of P. - return 'sanctity' // Teacher & pupil, thera. & pt. are all in same, as - "would = be her // Top. can build a pathway out, for no one → find sanctity alone //

If healing → invit. G. 'enter into His kingdom, what diff. does it make how - invit. & written? Does paper matter, or writ, or. per? Or is it = I write who exists - invitation? G. v. those who would restore His world, for. I found way 'call' Him // "If I. = he joined, He must be there." It does not matter what the purpose is, but must share it wholly 'succeed // O imposs.

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share a goal & blessed by Christ, for what I see - His eyes > too fragmented - be meaningful //

As true religion leads, so must true psychology be religious // But both I may miss, bec. no true teacher was one approach for every pupil // On contrary, he listens patiently & one & lets him formulate own curriculum; e - curri. 's goal, but how e can best reach and it sets for him // Perhaps - teacher does a theme of G. as part of teaching // Perhaps - psychology does a underst. - healing comes from God // They I succeed where many who believe they I found G. → fail //

What must - teacher do - ensure learning? What must - pt. do 'bring healing about? Only one thing; - same requirement salvat. as a P everyone // Each one must share = goal ✓ someone else, & n so doing lose all sense of sep. interests // Only by doing → it pass, 'transcend - narrow boundaries - ego would impose upon - self // Only

by doing this ~~also~~ ^{also} teacher & pupil, thus, & pt, you & I, accept Attestment ~~for~~ & ~~ones~~ ^{ones} leave 'give' as it is received //
 Communion) imposs. alone // No one stands apart I as Christ's vision // It is held out 'him, but he I held out his hand' rec. it // let him be still, & recog. his brother's need is his own // And let us meet his brother's need as his, & see that they are met as one, for such they are // what relig. but an end & helping u' ^{one} — is so? And what? P. except a help & part — some "direction" // It is — goal — makes & process — same, for — are one & purpose & must thus be one & means //

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- role P. Psychologist
 - People) a leader & - sense that I walk slightly ahead P-pt, & helps u' avoid a few P-pitfalls along road by seeing first // Ideally, I also a follower, for one should walk ahead P him 'give' & light 'see' // without — One, both — nearly stumble blindly on to nowhere // It is, however, imposs. — One be wholly absent if — goal & healing // He may, however, be recognized // And so - little light — I be — accepted) all &) to light — way — truth //
 Healing) limited by — limitation P. possible as a limited by those P-pt // — and P. process, i.e., transcend — limits // Neither I do — alone, but when they join - potentiality for transcending all limitations has been given them // Now - extent P → success dep. on how much P → potentiality & willing to use // - willingness may &) other i.e. req., & as - share it, it → grow // Progress becomes a matter of decision; it I reach almost Heaven or do no better — a step or two

from hell!!

It is quite poss. for P. 'seem' find //
 O cure poss. for - result 'lost his
 retrogression // But n. end - must be
 some success // One asks for help; another
 hears + tries to answer n. form of help //
 -> formula for salvation, + must heal //
 Divided goals alone I witness - perfect
 healing // One wholly spoken Therapist could
 heal world without a word, merely by
 being there // No one need see U, or
 talk U, or even know of his existence //
 His simple Presence / enough to heal //
 - ideal therapist - is Christ // But
 healing is a process, a fact // Therapist
 & progress without - pt., + pt. & be
 body receive Christ as he could a be
 sick // a cure, - equals P.) - abstraction
 standard - end P. - process of healing, too
 advanced - behavior sickness + too near God
 'keep his feet on earth // Now a help
 - those who need a help, for then he
 comes out - plan established for salmt //
 Psych. because his patient, working -
 other patients' express his thoughts as the
 receive - & - Mind of Christ //

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~~Process P / Illness~~

As all therapy is psychology, so all illness is
 mental illness // O a judgment - - See of
 God + judgment is a mental activity //
 Judgment is a decision, made again &
 again, against creation + its Creator // O
 a decision - perceive - universe as
 world I created it // O a decision -
 - truth I lie + must be lies // What, then,
 can illness be except - expression of
 sorrow + of guilt? And who could
 weep but for innocence?

Once G's Son is seen as guilty, illness
 is born inevitable // It has been asked
 for + * -> be received // And all who ask
 for illness - now condemn themselves
 to seek for remedies that I heal, bec.
 -> fault is - illness + - is healing
 Then I be nothing - a change I mind
 I aspect, for all external things are
 only shadows of a decision - already
 made // Change - decision + how can
 its shadow be unchanged? Illness I
 only be guilt's shadow, grotesque +
 ugly since it mirrors deformity // It

defamity, seen as real, what could it
 elude to except defam'd?
 - descent n hell follows steps by
 step n - inevitable course, once -
 decis. - quit & real has been made //
 Success & death & misery now stalk
 earth in unrelenting wars, sometimes
 together & sometimes, given Succession
 yet all - things, however real they
 seem, are but illusions // who could
 justify n there, once - > realized? And
 who could - > justify in their mental
 e. Ralph's this? Healing & Therapy of
 correction, & as I said already & - say
 // again, all therapy & psychol. // heal-
 sick is but lying -> 'salvation' there //
 word "cure" has v. n. dispute
 among - most "respectable" therapists P
 - world, & justly so // For a = P. them
 can cure, & not = P. understands
 healing // At worst, but make - body
 real n - > give minds, & - > does so,
 seek for magic by 'heal. ill's by'
 - > minds Endow it // How could such
 a process cure? // a ridiculous & start

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'final' // Yet, if started, it must finish
 thus // O as if G. were - devil, & must
 be found - evil // How could love be
 there? And how could sickness cure?
 Are not -> both one question? n -
 At best, & - word, perhaps questionable
 log. - "heals" P - world may recognize
 mind -> some P illness // But -> evil
 has n. help - it can cure itself //
 -> has some merit, n a world where
 "degrees of evil" is a meaningful
 concept // yet must their cure remain
 temporary, or another illness arise
 instead, for despite has a been
 overcome until - meaning of love -
 understood // ^{And} also I understand -> without
 - Word of God, given by Him - H.S. as
 His gift 'you'
 Illness P - kind may be defined
 as - result P a view P - self as weak,
 vulnerable, evil, & ^{endangered} - constant & thus n
 need P constant defense // yet if such
 & really - self, defense would be in part //
 - defenses sought for must be magical
 - must overcome all limits beyond n. self
 at - saw time making a new self. concept

into 1 they I return // a word error accepted
 as real & dealt - illusions/ Truth
 being brought illusions & reality now
 bec. a threat, & I fear & evil // love
 bec. feared bec. reality is love // Thus
 - circle closed against "miracles"
 P. salvation //

Illness >: a mistake, & needs
 correction // And as I already remember
 before, correction I be achieved by just
 establ. - "negatives" P. mistake, & I
 overlooking it // If illness > real, it I be
 overlooked & truth, for I overlook reality &
 insanity // Yet - > magic's purpose;
 make illness true & false perception // >
 I heal, for it opposes truth // Perhaps
 - illness P. health & subst. for a little
 while, but not for long // Fear I
 long be hidden by illness, for a part
 P. there // It -> escape & take another
 -> fear, being source P. all illusions //
 P. // Sickness > insanity bec. all
 illness > mental illness, & it > or
 no degree // One P. illness by I &
 illness & sickness I perceives as real >

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belief - illness varies & intensity; -
 - degree & threat differs according - fear
 it takes // Herein lies - basis of all
 error, for all P. are but attempts to
 compromise by seeing just a little bit
 P. hell // -> a mockery so alien to
 God - cannot be feared in
 conceivable // But - insane beliefs
 - it bec. -> insane //
 - A madman > defend I own
 illness, bec. I see -> own salvation //
 Thus, I -> attack - over I this 'saw'
 -> I, behind - I attacking //
 -> curious circle of attack - defense //
 - P. most diffic. probl. - I - P.
 must deal // fact, -> his central
 task; - core of I // - therapist > seen
 as one attacking - it's most cherished
 possession; I picture P. // I not sure
 -> picture has bec. - it's security as
 I perc. it, - therapist I not be seen
 // as a real source P. danger, be attacked
 & even killed //
 - P. -> has a true resp. //
 He must meet attack without attack, &

without defense // 0) task 'demonstrate
 — defense 7 e me... + dependence
) strength // This must be) teaching
 if) lesson; to be that security)
 safe // CD be too strongly emphasize
 — weaken bal — security)
 threat // —> —> —> Corollary P — "original
 sin"; — belie — guilt) real &
 fully justified // 0... P. function
 / — teach — guilt, being
 unreal, to be justified // But neither
 X safe // And thus (must remain
 unwanted as well as unreal //
 Salvation's right doctrine
) goal of all therapy // Belief:
 need P — insane burden of guilt it
 comes so readily & healing)
 accomplished // — body) cured // IT
) merely recognized as what it is //
 Seen rightly, its purpose can be
 understood // What ~~the~~) need
 for security then? Give — simple
 shift, all else — follow // —>) no
 need for complicated change //) no
 need for long analysis & weighing

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~~discuss & pursue // truth) simple~~
~~being as it is //~~
 = P. 12
 — Process of Healing
 While truth) simple, (must
 still be taught) these) already
 but) way) easier))
 complexity // —> —> great illusion //
) its word comes — inevitable
 believe —, be safe, our must
 control — unknown // —> strange
 belief relies on certain steps
 never reach 'consciousness // First,
 O unasked & by belief —) are
 forces 'be overcome 'be alive abai //
 And next it seems as if — forces)
 be held at bay only by — updated
 sense P self — holds a darkness
 what) truly / pit. — sense ' raise
 the? — light /
 Let us remember — ours
 & ' us for help & bitterly opposed //
 what — believe — us) —, how;
 what — believe — how alone)
 help // Process rec. unposs. mind —

pt. > persuaded 'curse' ^{two} twisted
 way p. broken at. world; > twisted
 way > broken > twisted
 simple // but 'need' is 'taught'
 these 'abilities' > 'evolution' // It
 must be taught 'those' 'attain' be-
 'cause' 'evolution' > 'need' who need
 lesson of dependence upon al. etc, 'about
 what' > 'taught' //

If > world is ideal > could perhaps
 be ideal therapy // And yet it would
 be useless > ideal state // > speak
 p. ideal teaching > a world > perfect
 teacher could > long remain; perfect
 psychiatrist > but a genuine p. thought
 > yet concerned // But still > speak p.
 what I yet be done > helping 'insane'
 > 'bonds' p. attainable // while are
 sick, > must be helped // No more >
 " > 'speak' of 'Psychiatry'; no less" >
 all e has 'give' > worthy p. 'therapist', for G.
 Himself holds out 'his' 'wishes' > 'world' //

Healing > 'speak' // Nothing > 'world' >
 'help' > 'helping' one 'come' for help
 And > v. 'c' be 'God' > 'attempt'.

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lower 'limited' lower, lacking true sincerity //
 when > joined for healing, God > there //
 And He has guaranteed > He >
 'be' > answer them > truth // They > be
 'sure' > healing > a process He directs,
 be. > according to His will // > His Word
 'guide' us, as > try 'help' our 'wishes' // let
 us > 'speak' > > 'help' of ourselves, >
 'lean' upon a 'Strength' beyond or little
 scope for 'what' 'teach' as well as what
 learn //

A brother seeking aid can bring us
 gifts "beyond" - 'help' 'for' > 'disease' //
 He offers us salvation, for he comes "to us"
 a Christ > Jesus // what he asks "is asked"
 by God > 'him' // And what 'do' 'for'
 him be. - 'quit' > 'quit' 'God' // - 'sacred'
 calling p. G.'s 'holy' 'Son' for help > 'speak'
 distress can be "but answered by his Father" //
 yet He needs "a voice" > 'speak' His
 'holy' 'Word'; a 'hand' 'reach' His 'Son' >
 touch his heart // > such a process, who
 could > be healed? > 'holy' 'witness' >
 place p. G. Himself by 'His' 'Son' > 'sacred' //
 For > 'joined' // And now G >

promises' are kept by Him // - limits (and or both)
 - pt. + therapist - correct - as nothing, for -
 healing has begun // "what was must st. t. t."
 F. -> complete, for He has never asked for
 more - t. first - smallest willingness,
 least advance, - trust of wholeness & His
 Name // To see for help, whatever form it
 takes, -> but call on Him // And He ->
 send His Answer - therapist who best can
 serve His Son & all his present needs //
 Perhaps - answer does a sign 'be' a gift ->
 "Heaven // It may ever seem" be a
 warning to + a help // but let - outcome
 -> be judged by us //
 Save all gifts P.G. ^{must} be
 record // In time no effort + be made +
 wait // It -> a or a fiction - is asked
 now attempt heal // -> as decided already,
 it -> think -> a need "of healing // And -
 truth + v. us "only - = 'seems'
 Share our dream P. sicemen // let us help
 -> "forgive" himself P. all - trespasses -
 a world could see him self without a
 cause // He healing & our own // as - see
 -> solutions in his come thing - -> v. it

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P. quit -> should - Son of God, -> believe +
 him. Face of Christ, + understand. -> but
 our own //
 let us stand silently before G's will,
 + decide that it has chosen -> a staff
 -> our will, & love by 1 -> come "where
 all draws together" -> ->
 lay them down, "come away" a peace
 form // Hear a brother call "for help +
 answer him // -> it -> G. "where
 answer, for -> called on Him // -> no
 other way, "hear His voice // -> no other
 way "for His Son" -> no other way
 -> self // Holy, healing, for -> Son of G.
 return "where -> its kind embrace // For healing
 tells him -> voice of God, -> all is in
 been for our him //
 - Def. P. Healing
 -> whole process P.P. -> can be defined
 as forgiveness, for no healing + be any
 thing else // -> forgiving as sick,
 believing -> unresponsive // -> having -> on
 to quit, its digging -> close + sheltering,
 its being protection + alert defense, - -

all → but - give refusal - forgive // "God may enter here." - sick repeat, out + on, while worn → less + just rejoice in it // Healing occurs as a patient begins hear - despite a sleep, - ? its validity // Until a hearer's time I understand - O of who sings it // 'hear it is - 1st step in recovery // ' ? it must + be - choice // → a tendency, r O very strong, 'hear → song p death → instant, + + dismiss it unconnected // fleeing awareness ^{2. 1920} - many opportunities given us literally "change our tune" - sound p healing ↓ be heard instead // But first - willingness to - "truth" of - song p condemnation must arise - strange distortions were intrinsic - self - concept, itself but a "pseudo-creator," make → ugly sound seem truly beautiful // " - rhythmic p - words, " - The old angel's song," all → + was as hard instead p loud, discordant shrieks // - ear translates; I does not

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hear // - eye reproduces; it does a see // → task is to "make agreeable" what ear → called on, however disagreeable it may be // - answer - decision - p - mind, reproducing its desire & translating them into acceptable & pleasant forms // Sometimes - Thought - behind - form - ideas - , but usually very witty, + - mind grows fearful & beg - doubt its sanity // Yet - permit its slow - change - forms // - look upon - sounds they hear // - are its "remedies"; its safeguards → insanity // - testimonies - seems bring but one purpose; justify attack & thus keep unforgiveness unrecognized for what it is // Seen undisguised, it is intolerable // Without protection I could endure // Here → all sickness cherished, without-recognition → is so // For when an unforgiveness I recognize - form it takes seems - be something else, + O now - "something else" - seems to terrify // But O - "something else" - I be healed // O - sick, & needs no-remedy // concentrate & healing efforts

HERE is but ~~for~~ ~~the~~ // who I care what I be
 sick & make it well?
 Sickness seems have many forms, &
 so does unforgiveness // - forms of one but
~~different~~ reproduce - forms of other, for
 same illusion // - So closely - translated
 // - a careful study of form a
 sickness takes - point quite clearly -
 form of - unforgiveness - it represents
 but seeing -> - effect a cure!
 -> achieved only by one recognition;
 - only forgiveness heals - unforgiveness
 + only unforgiveness - possibly give rise to
 sickness -> kind //
 -> realization - final goal of P. //
 How is it reached? - the sees n - pt.
 all - has a forgive in himself,
 +> this gives another chance to look
 at it, open it - evaluation, + forgive
 it // then - occurs,) sees) sees as
 gone ~ a past - is no longer here //
 Until he does this, a must think of
 Earl as breathing ~~to~~ live here + now //
 - pt. is) screen for - projection P.) sees +
 searching v' let - go // let v retain one
 shot P sin n what e looks when +)

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release) ~~out~~ partial + -> a be well
 No one is healed alone // -> - forgive
 song salvation sings ' all who hear its
 voice // -> statement I be too often
 remembered by all) see themselves as
 therapists // -> pts) but be seen as
 victims of forgiveness for O they I could
 demonstrate) sinfulness eyes
 still believe - sin) then - look upon //
 pt - first P sinfulness, seen a - pt,
 + accepted n - therapist, other - mind
 P both a covenant n - must + form
 + be ^{or?} be as one //

~~- ^{cause} ~~relat~~ ~~replacing~~ →
 - ~~pt. ~~not~~ ~~cannot~~ ~~cause~~~~
 ask for help // - process - focus
 place → relat. → actually =
 that tells pt. in heart
 that all I sin & have forgiven
 & atoned & own // - for what
 could be - diff. better healing &
 forgiveness? Only - Christ
 forgiving, leaving His sinlessness //
 His vision heals percept., &
 Sickness disappears // Nor → it
 return again, once its cause has
 been removed // → however, needs -
 help of a very advanced therapist,
 capable of forming ← - pt. in a holy
 relationship in all sense of separate
 finally I assume //
 For → ≠ thing & ≠ thing
 only I require: - therapist in no
 way confused w/ God // All
 "unhealed healers" make → judgment.
 Confusion is form or →, bec. -
 must req. themselves & self-created
 path → God-created // → Confusion~~

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~~I rarely if ever in awareness, or -
 unhealed healer - would instantly bec.
 a Teacher of God, directing life -
 function of the healing // Before I
 reached point, I thought I'd
 charge p. the process & in a response
 for its outcome // His pt's ^{failures} ~~failures~~
 would thus ^{become} ~~become~~ ^{my} ~~my~~ mistakes,
 & quit became - cast, dark & strong,
 for what should be - holiness of Christ //
 Quit & inevitable in those - I
 judgment & making & decisions // Quit
 & impossible in those - where - N.S.
 Speaks //
 - joining p. quit & - the aim
 of therapy & - obvious p. forgiveness //
 → → oneness I be clearly seen //
 Yet who could expect - end p. quit
 who feels responsible for his brother's
 - role of guide ^{to} ~~to~~ him? Such a
 function presupposed a knowledge -
 no one here can have; a cert. p.
 past, present & future, & p. all
 effects - may occur in // Only~~

I -> omniscient pt. P view would such
 a role be possible // But no percept.
 is omniscient, nor I - ~~the~~ they self
 P one alone against - ~~unwise~~
 able - ~~as~~ ~~was~~ ~~such~~ ~~wisdom~~
 script & modest // ~~many~~
 they ~~made~~ ~~Hebrews~~ // No unhealed
 healer - I be wholly same //
 Yet O as ~~unlove~~ a
 accept a position God has given
 as ~~in~~ ~~my~~ ~~one~~ (He has not!)
 - ~~that~~ advanced that no way
 can ever doubt - pour -)
 in him // Not does a doubt its
 source // He underst. s all pour
 a earth & heaven belongs him
 bec. of who he is // And he is
 this bec. of his Creator, whose
 love I in him, & who I fail //
 There what - means: e has
 gifts P G. Himself ' give
 away // His pt. 7 - ~~saints~~ P
 God, who call upon his sanctity
 I make it their's // And as e gives
 it to them they behold Christ's
 shining face as it was back at //

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- we saw, thinking - ? God, are
 e a road ' of our wonders - Son of ?
 God // But what see is him
 bec. P this they pro indeed // -
 unhealed healer - but ~~he~~ ~~was~~ ~~long~~ P
 I pt. & ~~suspect~~ him of ~~treachery~~
 e sees a W // He tries heal, &
 thus at times e may // But
 e - e succeed except ' some
 extent & for a little while // e
 does e see - Christ in him who
 calls // What answer can he
 give ' one who seems ' be a
 stranger; alien - truth & poor &
 wisdom, without - god who must
 be given him // Behold e God &
 v, for what e see - be
 answer //
 - what - form of 2 bottles
~~water~~ means // And - forget -
 world & all its little troubles &
 its draws of death // same are
 one, & nothing now I be remembered
 P world of guilt // - now be,
 a temple, & - street a stream

of standard washing lightly post
 all ~~standard~~ sickly diseases // Healing
 I done for what I perfect needs
 no healing, & what remains to be
 forgiven where is no sin?
 Be thankful, therapist,
 I see such things as this,
 if I but understand "I probe
 into // But if I fail in this, I
 denied // God created // so
 I know // "His Son" // who
 I better now? what saint can
 come to take home a man? I
 lost-way // I now expect see
 a man // answer // refused
 to give? heal & be healed // no
 other choice of pathways that I see
 lead to peace // O let a patient in,
 for he has come // from God // Is
 a his witness enough to wake
 memory of Him?

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III Practice

- select. PTYS
 Everyone 'I' sent 'I'
 a pt. Pious // -> dar / mean
 - select - not -> chose
 "kind of treatment" -> suitable
 But I do / mean - no one v'
 by mistake // I do no error O's
 plan // I would be error, however,
 'assume' - I know what 'ok/
 anyone 'comes' // -> a up 'I'
 decide // -> a tendency 'assume'
 - I being called on constant.
 make sacrifices of yourself for -
 v // -> could hardly be true //
 demand a sacrific of yourself //
 demand a sacrific of God // He
 knows nothing of sacrific // who
 could see a reflection - He
 be imperfect //
 who, +, decides what a
 patient needs? Surely a, who
 does a yet recognize who He is who
 asks // -> something in him

→ tell r, if r listen // And →
 answer; listen // Do a demand,
 do a demand, do a sacrifice // listen
 what r → hear → true // Would God
 send His Son → r e- be sent
 to know (understand) r's needs?
 Think what G- is telling r; He
 needs r voice speak for Him //
 Could anything be better? Or
 more of a gift to you? Would r
 rather choose who would be god,
 or hear the voice of Him who
 is God r-?
 r pts. need a be phys present
 for a serv. n- Name of God // →
 may be hard to remember, but G.
 would r His gifts r be needed
 to see (I actually see // r I
 see other as well, for seeing)
 a be needed - body's eyes // Some
 be need r physic. presence // -
 need r as much, + perhaps
 more - instant → sent // r →
 know r- n whatever way I be most
 helpful both of r // r close

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matter. r // - be sent r what
 for most helpful; a name, a
 thought, a picture, → idea,
 or perhaps just a feeling //
 Reading out, someone, someone //
 joining r- hands P. H.S. // r
 fact to be accomplished //
 A holy The, an adv. T. & G.,
 new parts of thing, a died a
 make a new P. S. at, no died
 a establ. his part in it // r understand.
 → part) nec. - whole r
 r e- r recognize - whole whole
) part) complete // Meanwhile r
 must hear, r) pts. → means
 sent r to his being // what
 could r be grateful for to
 them? They r being G. // Would
 he refuse → Gift for a pebble,
 or would r close - die -
 save r world, let r a gift?
 let r be stay - I. of G. // who
 calls on him) far beyond his
 understanding // Gift would r
 a rejoice - e I answer,

when only this → e be able
 hear - call & water f. - O his?

Exhibit as a Professor

Strictly speaking, - awareness
 no // How could a sub. be in a
 lounge engaged in a study could
 → limits be laid on → intro. n
 engage → better but is therapist & every
 relat. n 'ie. auto. → ~~at~~ practically
 speaking, (I still be said →
 → those who devote themselves
 primarily to healing P = set up to
 → chief function // And O' these
 that a large no. of other's people
 turn for help // in other, -
 practice P therapy // - people & i.
 "officially" helpers // - I devoted certain
 kinds P needs → proper. actio's, altho
 they may be for more able teachers
 outside of them // - people need no
 special rules of course, but - may
 be called ~~to~~ use special applic's
 P - general principles of ~~miracles~~ ^{healing} //
 First, - prof. ther. → n → excellent

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position to demonstr. → no 2 P
 diffic. a healing // For →, however, e needs
 spec. training, bec. - come - ~~the~~
 by I e became a ther. but. target &
 little or note about - that principles
 P healing // a fact, e post. tried to
 back - ~~the~~ "miracle healing" in pose //
 Most P-world's training follow a
 course, & judgment, & - aim of
 making - the. - judge //
 Love → - U.S. Jesus, + → use,
 give - slightest instant // - unhealed
 healer may be arrogant, selfish, un-
 concerned, or actually dishonest // (he
 may) be ~~at~~ ^{rather} unconcerned & healing
 as → myo/ good // (yet something
 happened to him, however slight)
 (may I beee, when e chose' be
 a healer, however misguided - direction
 e may I choose // That "something"
 → enough // sooner or later, ~~that~~ it
 → rise & grow; & a pt. → touch -
 heart, + e → silently ask e for help //
 He has I found a therapist // He has
 asked - N.S. To enter - relationship or
 heal. // He has accepted - Agreement

for us //

G. > said I looked on all He created & pronounced it good // No, He declared it perfect, & so it is / And since His creation is ~~done~~ & ~~change~~ & ~~last~~ & ~~final~~, so it is well & ~~it~~ ~~with~~ a perfect. There is a perfect pt. can pass exist // Both must & denied & perfect, for & ~~my~~ need for & implies a sense of lack // A one-to-one relat. > = One Relat. Yet & means P return; - way G. chose P return & His Love // n - strange dream a strange correction must exist, for only -> - Call to awake // And what else should therapy be? Awake & be glad, for all & sin & been forgiven you // > - only message -> -> should ever give & other /

Something good must & > every meeting & pt & ther. // And - good > said for both, against - day ~~when~~ - I Recog. - only that ~~with~~ & feel & & relat. // - - moment &

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returned' them, blessed by - H.C. as a gift > - Creator, as a sign P His love // For - ther. relat must be. Use - relat P - Father & - Son // There is no other, for & nothing else // - therapists P > World do & expect > outcome, & many pts. would be unable 'accept help > - if they did // Yet no therapist really sets goal P - relat. P & a part // It is underst. begins > -> & -> goes on > there //

On - instant - Ther. forgets 'fudge - pt. - healing occurs & some ~~of~~ ther. relat. > point > near reached, after - ^{little pt & ther.} may come at a different draw & process // Yet it > & be same draw for both P. & so ~~of~~ draw P forgiveness n - both > must some day wake // - good > saved; & indeed > cherished // ~~And~~ But only little time > saved, & - new draws > lose & temporary appeal & ~~turn~~ draws of ther., & - content & all draws // Yet no pt. I accept more & & ready' rec'd, & no ther. can

off for more + a believes he has // And so
 → a place for all ^{such} relat. n → world,
 + → bring as much good as I can
 recogni. or use //

But when judgment ceases
 healing occurs, ~~for~~ ^{only} → only be
 underst. → no 2 of diffc.
 n healing // → a nice underst. for
 = healed healer // He has learned
 → no words to wake a
 brother → = choose + → //

No prof. ther. I hold → underst.
 consist. n I mind, offering it to all
 v' u // → some n → world v'
 v' m. close, but I = accepted - Gift
 entirely n 2' stay + let → underst.
 Remain on earth until - closing, p' time //
 - could hardly be called prof. ther. //
 → Saints of God // → = Saviors p'
 world // → image remains, bec. - I choose
 - c be so // → take place p' images,
 + help - kindly draws //

Once prof. ther. has rational
 minds or joined, e I pick → 2 p'
 diffc. n healing → necessary // Yet ^{ever} //

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for hope & rocks → n time, e I go
 towards it // Many holy instants / be
 along - way // A goal marks - end p'
 journey, e - beginning, o as I goal
 reached → → to be clearly seen ahead //
 Most prof. ther. Justified - very start p'
 beginning stage p' - first journey // Even
 those → hope underst. what must
 do - oppose - setting out // Yet all - law
 p' healing I be their n first → instant //
 - journey → a long, except n draws //
 - prof. ther. has one advantage -
 I saw enormous time, if a properly used //
 He has chosen a road or → → great
 temptat. ' misuse > role // → enables u
 to pass by many obstacles ' peace
 quite quickly, if u ^{does} escape tempt'
 assume a function - has a brain
 given him // ' underst. → no 2 p'
 diffc. n healing, e must also recogn.
 - equality p' u - pt. // → no half-way
 point n → // E. th. → = or not // - attempts
 p' ther. ' compromise n → respect > strange
 indeed // Some utop. - that merely to
 collect bodies ' worship → share + →

regard as healing / Many pts, too, regard →
 strange procedure as salvat // yet - a
 meeting → One who says, "My wife, class
 again."
 Do a forest → Jean P
 she must be healed, I - b2 / his
 respects that has - strange PG -
 v, but - depression the 1. has lost
 sight P - Source P his salvat //
 He does a see & a does a
 hear // How, +, I a trials?
 Bec. O - Will P God - a
 take → place n - place for salvat //
 Bec. O - Will P G. - → pt.
 be helped 'join U v → // Bec.
 v. isabil. 'See + hear does a limit
 - H.S. n any way // Except in
 time / n time → I be a great
 lag between apping & accept. P
 healing // → - will acms - face P
 Christ // Yet C I be v → illus, be
 be. two does a exist + - Will
 P God has always been exactly
 as it is //

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→ Payment
 No one I pay for the exp of healing
 I P God, & He asks for nothing // O
 linear, part P His plan - everything
 → World be used by all S. help
 n campment - plan // Even I advanced
 therapist has a few earthly needs
 while a here // Should I need
 money, C be given U, a n
 payment, a 'help v better serve -
 plain // Money I a evil // a thing //
 C no one here I live C no illus, for
 a must get this 'I - last illus.
 be accepted by anyone regular //
 He has a worthy part a → one
 purpose, C I a come // He stays
 here a for → // And while a stays,
 a → be given what a needs 'stay P
 Only → unhealed healer could
 try 'hard for money, & a → a
 succeed ' - extent ' he values it //
 No! → a find I healing n - process //
 → - be those P whom - H.S. asks some
 payment, for His purposes // → a be

These I know He does not ask // IT
 should be the appt I receive -
 decisions // → a diff. total payment +
 cost // ' give money where G's place
 Glots, it has no cost // ' withhold
 money, I where it rightfully belongs
 has enormous cost // - then who would
 do → loss - name of healer, for a
 could never understand what healing is //
 He I give it, + so I → it //
 - therapists I would → indeed
 unless - world's savior // And
 pts. I pay only for - exchange of
 illness // →, indeed, must demand
 payment, + cost, great // A "bought"
 relationship of gift - only gift
 whereby all healing is accomplished //
 Forgiveness, N.S.'s only disease, must
 → no cost // For if it does, it merely
 conceals G's Son again // Can →
 be a 2nd forgiven? I → be how -
 disease of sin → end?
 - right ' live' → something no one
 need fight for // O promised v. I
 guaranteed by God // is a a right

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- then + pt share also // If I relate
 I be holy, whatever I needs I give
 by - then; whatever I seems lack -
 I I supplies // Here I - relate made
 ready, for healing both are healed //
 that I pay pt. a gratitude, as does
 - pt - pay // → no cost - still // But
 thanks I due! both for - release →
 long imprisonment + doubt // Who would
 not be grateful for such a gift? Yet
 who could pass, imagine - could be
 bought?
 (has well been said -
 I who hate shall be spied // Rec.
 - has, a I give // And bec. I give,
 I shall be given // → - laws of God,
 + a P - world // So I - G's healer
 - give bec. I heard His Word +
 understood it // All - need I give
 - // But - → lose - light P. world
 unless - remember - all - I comes
 only I G. // If - believe need anything
 I a brother - → recognize I - a brother
 no longer // + if - do → a light goes
 out here + Heaven // when G's Son

Friend // let - Christ & his love welcome
 for - same Christ & his love as well //
 Daily his entrance & I denied -
 Christ & you // ~~Do not forget~~ Remember
 - successful story of world & glad
 feelings of salvation // Remember -
 plan of God for - restoration of
 joy & peace // And do not forget -
 very simple 7 ways of God:
 - were lost in darkness of
 world until I asked for light // And
 - God sent His Son & gave it
 to you //

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Psychotherapy 1b

When steel bars cross on
 2 sides → a small ^{round} cleat, but 3"
 in diameter // → but has a looped
 filament, 1 1/2" long including
 1/2" loop (as measured) its beginning
 its rounded end, 1 is its longer
 axis) // filament → both part P-
 overall system's ~~part P system~~ →
 part P transforming system as
 well // Made P 2 twisted wires
 tightly wrapped together, one attracts
 impulses in + = or repels out
 after - or pbw has been dissipated
 or form P heat //
 (→ be noticed — entire
 system works on one very simple
 principle; all its elements or
 components rep. diff. procedures
 for filtering out unwanted effects
 & magnifying desired ones // Intake
 actually fairly indiscriminate // -
 device is placed within 5 feet of
 anticipated healing, ← shorter
 side P-box ← left toward pt. // (→
 will be 4' long & 3' high // summary

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dimension P-box, 0 5' long, 4' deep & 3'
 high, X ✓ top & bottom & sides measuring
 5' x 4' // Sides - front & back are
 5' x 3', so — — 2 remaining sides, 1
 7' x 4' x 3' are — shorter // ...
 P - change in wave length 1 -
 healing brings about occur within
 radius P = 5' // It does a matter
 what part P body healing takes
 place, nor by what means brought
 about // → then point P view, it
 be said that healing only be
 result P a change of mind, which
 now accepts healing where it formerly
 accepted sickness // - change P mind
 alters thought-field around pt.,
 1 seems to represent place where
 he is // - change I be diff. for a
 healing presumably brought about by
 medication, surgery, or faith // Healing
 only be faith healing, for sickness
 only be faith & sickness //
 - Concentrated P Energy 1 seems
 represent - pt.) limited - 5' radius
 ← by its potential, but by relative

inefficiency of apparatus // while a
 powerful enough for its purpose. a not
 capable of making - more subtle changes
 - accompany a healing, nor of
 measuring - almost incalculable
 distances across - occur // within
 5' radius - however it - put up - energy
 exchanges that "require" a healing // a
 a sense, - might be called - shadows
 P - it's; - world of disease - signify
 sound P a different voice //

- what are, actually, very simple
 It consists merely of a round hole cut
 into - steel side P - box, 3" diameter //
 a toward - back of the shorter side -
 left, or side A as labeled below:

It is cut in - steel 3/4 of - way up
 - bottom of side A, only 1/4" - back, -
 9" slit out - extraneous sounds // If
 distance is greater - 1/4" - amount P
 the extr. sounds would increase

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evenly // By being located so
 close - back P. box, many frequencies
 - enter but - hit (or bounce off) -
 back - be blocked immediately

Side A

Side is 3" wide (inside hole) 3" to diameter, 3/4 P - way up the side	of 15" from top center of hole. 1/4" from edge on side
--	---

As noted - per - Side A faces - pt
 - box being placed in 5' of hole // About
 3' - ideal; - filtering - out - decays in room
 - act most efficiently, - box is well
 within peripheral areas P. field //
 height - floor - incl. - posit. P -
 pt. He can be lying down or
 sitting up or standing // (what)
 impact - box's distance - hole
 - also - floor // About 3' - again
 ideal // (would be best - moment -
 box on a wooden table - height //
 - 3' - case - distance - floor -
 - top P - table // -> - bring - in take
 - just about - best height, regardless
 P. area P - pt. -> being healed

^{strongly}
 recommended — table be
 constructed of very solid wood, since
 - box is heavy // It should rest on
 - top of table with no over-hang;
 i.e. - table top + - bottom P. box
 should be as close 'identical as
 possible in all dimensions // Since 5' x
 4' x 3' are inside measurements for
 box, allowance must be made
 for the 2" or @ side for enclosure //
 (→ incl. 1" wide at head wood + 1/2"
 on both sides / comprise - box itself.)
 - box should rest directly on table
 top, + wood here should not be
 painted, although it should be
 smoothed as much as possible, & oiled
 before box is adjusted // - chip
 should be repaired after about 10
 hrs. of use P. apparatus // Be sure
 on replacing - box not allow over-hang
 Neither - kind nor - thickness P.
 - wood itself matters // - only pre-
 requisite - ability to sustain
 weight P. box // @ also essential
 — no metal cone or disc

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contact - box - → point A - Top P.
 table can, however, be reinforced -
 metal (cheats??) - legs on the
 bottom side, + the material P.
 legs is immaterial. Only what
 actually touches - box is relevant
 → must be only wood, oiled
 rather lightly after smoothing &
 repair as specified above // The
 bottom of the table (legs, cross
 braces [- recommended] can
 be painted or primed any way
 —) convenient // - legs should
 be bound vertically as well as
 horizontally - curved wood or
 metal bars //
 Except for table top, must
 conform requirements as specified, -
 remain P. table should be built
 for strength & convenience // wheels
 are chosen for latter, along a
 locking device / stabilis - wheels
 when - box is positioned // handles
 placed - center of the shorter
 sides of table top, extending

battery ^{side} of top board so as not
 interfere - balance P box itself //
 - I be screwed onto a metal
 plate, provided wood & thick
 enough allow for at least 1/2" ^{clearance}
 clearance from point P. screw
 - top P table // Since a diff. ^{is}
 made for P → a better allow
 for an inch leeway if screws
 or nails are used // - material for
 - handles, → 2" x 1" - ^{method by}
 7 attached - bottom ^{side} P table top or
~~is~~ irrelevant // Only what comes
 in direct contact - box & P contact
 A handle for table P. Shaker scales
 Sugar, lamin, so that pushing &
 pulling → both be easy //
 2 ref. - pt, - t, - apparatus
 mounted & posit. by placing - to face
 level about 3' → his middle axis
 - measurements need not be exact,
 since - 5' field allows for consid.
 leeway // As heating occurs, ~~freq~~
 frequencies should be. increasingly
 low, dropping well into - sound

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register/ These changes → be
 recorded on - done mentioned earlier //
 - done does - record directly, since
 it serves a major function & translating
 frequency levels (or ranges). It does
 however, record changes & since
 it magnifies differences
 would otherwise be undetectable
 - diff. as recorded &
 times of d. scans // If →) no
 change - scan) for, which -
 baseline for reproduction on -
 photographic plate //

